

PSE/LJe

Dear Parents/Carers

We are pleased to inform you that we are working with Sexpressions and Spectrum in order to enhance the PSE curriculum this year. Sexpression:UK is a student-led national sex and relationships education charity. They are made up of volunteer medical students who are trained to deliver high quality sex education. The Spectrum Project is an all Wales programme funded by the Welsh Government and delivered by experienced teachers in primary and secondary schools. The workshops are closely linked to the curriculum and promote the importance of healthy relationships whilst raising the awareness of children, young people and adults about the issues of domestic abuse, sexual violence and violence against women. The engaging activities are designed to be thought provoking and promote peer discussion but are not intended to be so emotive as to cause distress.


Following our PSE days last academic year, pupils stated that they would like more outside agencies to be involved in delivering PSE sessions. Year 8 forms will have a session based on relationship and consent with Sexpression, and a session based on children's rights and sexual exploitation with Spectrum. These topics which will be built upon by school at a later date.

The PSE lessons will provide pupils with learning experiences to enable the development and exploration of personal attitudes and values allowing them to acquire appropriate knowledge and understanding of relevant topics. The content of each session will be tailored to meet the appropriate needs of the year group.

We hope that all members of the year group will participate in all PSE sessions and gain knowledge related to areas under discussion.

If you would like further information please do not hesitate to contact the **Heads of Year** or Miss Jenkins (Assistant Head).

Yours faithfully



Ms R Sterlini

Head of Year 8



Mr I Dwight

Head of Year 8

Headteacher: Trevor Brown

Archer Road, Penarth, CF64 2XL Tel: 029 2070 7633 Fax: 029 2071 1792 / 2035 0335 email: school@stanwell.org

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