



We Are Open!

EWS are still accepting referrals

www.emotionalwellbeingservice.org.uk/referrals

Things look a little different, but the team at EWS are doing all we can to continue to support young people's wellbeing and substance misuse needs across Cardiff and the Vale of Glamorgan.

During this challenging time, we are offering;

- Telephone, video call or email wellbeing support (ages 14+)
- Telephone, video call or email substance misuse support
- Online 'Living Life to the Full' course
- Information, advice and guidance on EWS website and social media



/emotionalwellbeingservice



@ews_cgl



emotionalwellbeingservice.org.uk

Not sure whether to make a referral?

Want to know more?

Questions?

Please give us a call (0800 008 6879) or send over an email (spoc@cgl.org.uk) and we will happily talk with you to find the best way to support your young person.